

VISUAL
LITERACY

CHANÉ DIEDERICKS' MANIFESTO

2019
MANIFESTO AS IN CURRENTLY STANDS

STUDENT NUMBER (HYFR5SCS1)

Who am I?

Things that I consider strengths consist of being a great analyst and an abstract thinker, being imaginative and original, open-minded, enthusiastic, objective and lastly honest and straightforward.

What I value most in the world cannot be limited to only a hand full of things. My most important values are accountability, beauty, calmness, closeness, commitment, compassion, confidence, courage, creativity, determination, dependability, dignity, discipline, diversity, education, empathy, fairness, freedom, fun, generosity, happiness, honesty, humility, humour, integrity, intuition, kindness, love, loyalty, organization, passion, resilience, respect, sensitivity, simplicity, strength, sympathy, trust, uniqueness, wisdom, and worthiness.

My professional passions consist of personal growth, mindfulness, creativity, improving your skills or education. My personal passions consist of books, family, jokes, quality time, pets, nights out with friends, and bliss.

Things that make me sad are old people eating alone, people who believe they don't deserve happiness, neglected children, inequality, distrust, neglected mental health, separation, too much pride, books without a happy ending (same goes for movies), feeling like you never belong, and feeling powerless.





Having been raised by a parent with an untreated mental condition has made me a stronger person, has made me see how important it is to be able to not fear when you feel something is wrong, losing a sibling at a young age has taught me to cherish the people that we have however long or short they are in our lives. Having been bullied on a daily basis not just at school but sometimes at home made me see that bringing other people down is never the way to being happy. And the last thing I learned was that even though you live together doesn't mean you love each other.

So, at the end of the day all you need to do is love fiercely, treat each other with respect, never assume you are more worthy or that your life is worse or better, never be quick to judge and leave all judgement to whoever you believe in, be patient, be mindful, and if something isn't going to matter in 5 years don't spend more than 5 minutes being upset about it.

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